

# Windcrest Freshman

# Triathlon 2010

Sat., May 1,  
2010

200m Swim  
10 Mile Bike  
2 Mile Run

**Race Day:** Saturday check in starts at 6:00am at the Windcrest Pool, 5609 Winsong, located in the City of Windcrest. The transition area will be right in front of the pool. You must be body marked before you go to the transition. Event will be Chip Timed.

**Swim:** The swim will be a 200 meter snake style swim. The start will be a time trial start with an athlete leaving every 15 seconds.

**Run:** The 2mile run is a 1 loop run around the Golf Course on Pavement.

**Bike:** The 10 mile bike course is an 2 loop course on quiet neighborhood roads. **Drafting is illegal and will not be tolerated.** Be aware that the roads are open to traffic – use caution and stay to the right. **You must follow all regular traffic laws.**

**Parking:** Information will be sent out before the event.

For more Information: [www.Redemptionrp.com](http://www.Redemptionrp.com)  
210-912-8874

**Race Entries are non-refundable for any reason**

Register on/before 4-1-10 to **guarantee** a T-shirt and **receive race discounts**

**Awards:** Awards to the top 3 age groupers M/F: 19/under, 20-24,25-29,30-34,35-39,40-44,45-49,50-54,55-59,60-64,65-69, 70 and older. Top 3 relay teams. Overall male & Female, Overall Masters Male & Female. Fat Tire Division - Top 3 Male & Female.

Register online at [www.redemptionrp.com](http://www.redemptionrp.com).

Mail in entry by using the form on bottom of sheet.

### Packet Pickup

Packet pick up is Thursday 4-29-10 and Friday 4-30-10 at Tri-Sition Area Store, corner of Bitters & IH1604 San Antonio, Texas from 10am-7pm. Race day packet pickup is between 6:00am-7:30am at the pool.

All participants must have an annual USAT membership or a single day permit. If you do not have your annual USAT card, you will be required to purchase a one day \$10.00 pass, cash or check only.

### First Race in the Tri-Sition Alamo Race Series

Race Day Registration \$70.00

## Windcrest Freshman Triathlon

Circle one: Individual Fat Tire Relay

Name 1 (Relay) or Individual \_\_\_\_\_

Individual Cost \$50.00 on/before 4-1-10 after \$60.00

Team Name: \_\_\_\_\_

Relay Cost \$90.00 on/before 4-1-10 after \$110.00

Address: \_\_\_\_\_

City: \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Total Enclosed\$ \_\_\_\_\_

Phone # \_\_\_\_\_ Email \_\_\_\_\_

Mail Check payable to:

Sex M F DOB \_\_\_\_\_ Shirt S M L XL

Redemption Race Productions

USAT # \_\_\_\_\_ Exp Date \_\_\_\_\_

446 Faircrest

Name 2 (Relay) \_\_\_\_\_

San Antonio, Texas 78239

Address: \_\_\_\_\_

**Release of Liability agreement:** I understand that there are no refunds, transfers or credits. I waive all charges against Redemption Race Productions staff, The City of Windcrest, and any person/venues, volunteers or anyone affiliated with the Windcrest Freshman Triathlon. USAT waiver will be signed at packet pickup. All entrants/competitors will be required to sign USAT waiver and pick up their packet. No one will be permitted to collect another entrant's packet.

City: \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Phone # \_\_\_\_\_ Email \_\_\_\_\_

Sex M F DOB \_\_\_\_\_ Shirt S M L XL

USAT # \_\_\_\_\_ Exp Date \_\_\_\_\_

Emergency Contact \_\_\_\_\_ Phone \_\_\_\_\_

Signature #1 \_\_\_\_\_

Signature#2 \_\_\_\_\_

For those under 18, parents signature required.